

Workplace Wellbeing

Better Judgements

Involving an internal thought process, through which a decision is made, judgements impact all aspects of our lives. This module looks at how judgements are made, the barriers to better judgements and how they can be overcome by countering default bias, taking risks and learning from experience.

In this Module

Videoscribe explainer video, with professional audio (duration: 04:08)

English Subtitles

17 Expanded learning content blocks in the module format

'Check my understanding'
5 Question knowledge check

Top Tips

1. Recognise and overcome your biases.
2. Don't be afraid to take risks.
3. Learn from experience.

